

**CLIENT INTAKE QUESTIONNAIRE**

*\*For children under 13, a parent or guardian may complete this form on behalf of the child, if necessary or desired.*

Client Name \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian(s) Name \_\_\_\_\_

Client Gender: Male / Female \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Client (or parent/guardian) Occupation \_\_\_\_\_ Employer/School \_\_\_\_\_

Marital Status (of parents, if client is under 18) \_\_\_\_\_ Years Married/Together \_\_\_\_\_

EMERGENCY CONTACT: Name \_\_\_\_\_ Phone Number \_\_\_\_\_

OTHERS IN HOUSEHOLD:

Spouse/Partner \_\_\_\_\_ Last \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Who may I thank for referring you to me for counseling? \_\_\_\_\_

Religious or Spiritual Preference (optional) \_\_\_\_\_

1. What are your main reasons for seeking counseling at this time?
  
2. Please list any specific goals you would like to achieve through counseling:
  
3. Please describe any significant problems or stressors you are experiencing and for how long:
  - a. Mental or Emotional:

Christina C. Hanson, MS, LMFT – Client Intake Questionnaire

b. Family Relationships

c. Work or School:

d. Health:

e. Legal Concerns

f. Financial Pressures:

4. Are you concerned with your or a family member's use of alcohol or drugs? Please explain.

5. Are you concerned about your (or a family member's) physical safety? Please explain.

6. **FAMILY HISTORY:** Please check the following problems that have occurred and note if occurred in: **a)** your immediate family, **b)** the family you grew up in, **c)** other relatives, or **d)** yourself.

<input type="checkbox"/> Substance abuse (alcoholism, drug abuse)	<input type="checkbox"/> Mental Illness
<input type="checkbox"/> Other addictions	<input type="checkbox"/> Infidelity
<input type="checkbox"/> Sexual abuse	<input type="checkbox"/> Physical Abuse
<input type="checkbox"/> Mental or emotional abuse	<input type="checkbox"/> Anxiety/Excessive Worrying
<input type="checkbox"/> Depression	<input type="checkbox"/> Divorce
<input type="checkbox"/> Suicide or attempted suicide	<input type="checkbox"/> Eating Disorders

7. Please list all medications you are taking as well as the dosages and the condition being treated:

MEDICATION	CONDITION	DOSE	How Often	When Started

8. Please share any other relevant information as needed: